

Waldheim Rec Center Covid-19 Policy

Effective October 26, 2020

GENERAL OVERVIEW

- Face masks are mandatory when entering the facility. Masks must be worn by all involved – parents, players, coaches, on-ice officials and off-ice officials.
 - Exceptions to the mask policy include:
 - Children under the age of two (2);
 - Anyone who has diagnosed respiratory, neurologic or mental health condition that precludes safe mask wearing; or
 - Anyone who is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- **All users are to be screened upon entry by user group representatives.**
- Following ice times, teams & organizations are to exit out of the arena doors, **do not re-enter the lobby.**

GUIDELINES

- All applicable federal, provincial and municipal laws must be adhered to, including all regulations from applicable Public Health Authorities. The health and safety of the Waldheim Rec Center staff members and User Groups is of top priority.
- User Groups are responsible to follow their Sport Organization's Return to Play Plan.
- Each user group must provide the name of their coordinator who is responsible to inform their participants of the arena guidelines. The coordinator is responsible to provide and inform all User Group participants, coaches, officials, volunteers and parents/guardians of participants of the Arena Guidelines and to ensure all parties affiliated with the User Group understand and follow all regulations and requirements for use of the Arena.
- Facility employees will follow physical distancing and no gatherings/congregations.
- Patrons are encouraged to limit time inside the facility and always maintain physical distancing.
- Facility signage is to be followed by all people accessing the facility and following these preventative measures:
 - Wash your hands frequently using soap and warm water for at least 20 seconds.
 - Use hand sanitizer if no access to sink and water.
 - Cover your mouth and nose with a tissue when you cough or sneeze and discard the tissue immediately. If no tissue, then use your elbow.

- Avoid touching your mouth, eyes and nose at all times.
- Physical distance of 2 metres. (6 feet)
- If you are sick stay home or leave the facility if you become sick and inform your Group for tracking requirements.
- Must not be permitted into participant, coach or official areas.
- Refrain from spitting

FACILITY ARRIVAL TIME

- Once permitted entry, players, participants and personnel are to go directly to their assigned dressing room until their scheduled ice time.
- U13 & up
 - **Participants may arrive at the facility no more than 30 minutes before practice, and 1 hour before game time.** Those arriving earlier will be asked to wait outside, while observing physical distancing. There is no off-ice warm-up in the facility.
 - **Parents/Guardians/Spectators may arrive 15 min prior to event time, spectators must go directly to the viewing area.** No loitering in the lobby area
- U11 & down
 - **Participants may arrive at the facility no more than 30min before your scheduled time.** Those arriving earlier will be asked to wait outside, while observing physical distancing. Despite the increase in arrival time we are still encouraging players to come dressed and avoid excessive amounts of time in the dressing rooms.
 - **Parents/Guardians may arrive 30 min prior to event time, they must go directly to the change room to assist their child or directly to the spectator seating.** No loitering in the lobby area.

DRESSING ROOMS

- Multiple dressing rooms for a team will be available upon request. Players are encouraged to come fully dressed if possible, with the use of dressing rooms for skate tying purposes only.
- Teams must remain in dressing rooms until scheduled ice time
- We request that players ensure the dressing rooms are cleaned up with no garbage or items left in the rooms, this will aid our staff to sanitize the dressing rooms in an efficient and timely manner.
- No showering permitted

SPECTATORS

- **Practices**
 - Attendance will be under the following conditions: **Spectator limit for practices is 30 people. For teams with a shared ice practice, the limit is 30 spectators per team.**
- **Games**
 - **Maximum spectator attendance is 127**
- All spectators are to be screened upon entry by the assigned user group representative.
- COVID Game Procedures:
 - For all games, teams will be required to maintain a record of attendees and to ensure capacity does not exceed 127 spectators. All spectators must be accounted for upon arrival and identified with their full name and phone number. These records must be kept, by the team, for a total of 30 days for contact tracing purposes.
 - Teams must designate an adult to sit at the entrance of the facility to take attendance and fill out the attendance form.
 - Everyone entering the arena spectator seating (adult and child) must be accounted for in the total number of spectators.
 - **Spectators must not enter the arena until 15 min prior to the start time of the game.**
 - During intermission spectators may exit their seats but must follow all social distancing rules while entering the concession area. Please only exit your seats to purchase food or use the washroom. We encourage all spectators to avoid “visiting” in the concession areas. A limit of 30 people is only allowed in the lobby at one time.
 - **Once the game is completed, spectators are NOT ALLOWED to congregate in the lobby and must immediately exit the facility.**
- Spectators must maintain physical distancing of at least 2 meters from other members of the public.
- Members of extended households must sit together, with a minimum of two metres between extended household groups.
- Spectator visiting, moving around and congregating is strongly discouraged.
- Children must remain seated with their parents/guardian. No running around the facility is allowed.

PARTICIPANT HEALTH AND WELLNESS

- Participants, coaches, officials and volunteers:
 - Who are sick or symptomatic or have been around anyone with COVID-19 in the last 14 days must NOT enter the facility. Symptoms may include one or more of the following: fever, cough, headaches, aches & pains, sore throat, chills, runny nose, loss of sense of

taste or smell and shortness of breath or difficulty breathing–COVID19 Symptoms. Use the Government of Saskatchewan’s Self-Assessment tool for COVID-19 and follow the subsequent directions.

- Who have travelled internationally within the past 14 days, will comply with all restrictions such as self-isolation or quarantine required upon arrival.
- User Group to have a volunteer track information regarding every person involved in their ice time. (coach, team personnel, spectator etc) Including their name, phone number and email address to facilitate contact tracing and keep attendance records for a minimum of one month, in the event Saskatchewan Health needs to trace.
- If a person becomes sick or injured and first aid or further care is required:
 - Call emergency Services–9-1-1. Try to limit the number of individuals in contact with the sick person.
 - Place a mask over the individual’s mouth and nose if they are not able to do so. Maintain a safe distance until the mask is in place. The User Group is to provide the mask.
- First aid providers caring for people should follow standard precautions. Those who provide direct care requiring close or direct contact should wear a mask.
- Following care, first aid providers should discard the mask and gloves following standard procedures and perform hand hygiene.

ARENA CLEANING AND SANITIZING

- The Arena staff will be following the Environmental Cleaning and Disinfection Guidelines located in the Saskatchewan Re-Open Plan.
- Frequently touched surfaces should be cleaned and disinfected prior to a new group being provided access to space, including benches, bleachers, railings, gates, etc.
- Commonly touched surfaces such as vending machines, water fountain handles, doorknobs/handles, handrails; light switches, countertops, etc. will be cleaned frequently during hours of operation and thoroughly every night.
- Ensure handwashing sinks are fully stocked with soap and paper towels.
- Place alcohol-based hand sanitizer approved by Health Canada (DIN or NPN number) in dispensers or soap and water handwashing stations near doors, common use equipment, washrooms/locker rooms, team areas and other high-touch locations for patrons and staff.
- Patrons should bring their own hand sanitizer when possible
- Hand hygiene should be performed prior to play and contacting shared equipment, as well as through the duration of the activity (intermissions breaks, etc.) and at end of activity.